

Session Seven

Take A Step



Making Disciples

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Making Disciples

When someone takes the step of becoming a Christian, that is only the first step of a journey to becoming a disciple.

A disciple is a follower, someone who is learning from another. The Apostle Paul tells his readers to “follow me as I follow Christ” in the letter to the Philippians - specifically, “imitate me.” The best person to disciple a friend who just became a Christian is *you*, because they are already following you - even if you are only 5 mins ahead! Discipleship is your friend learning about the Christian life by imitating you. So it’s a challenge!

It can be hard to know where to start to help people grow in the faith. We developed a simple 42-day material to help people start their Christian journey. It covers the process of coming to Christ – repentance, faith, baptism in water and in the Spirit; who we are in Christ; the grace of God; church life and how to lead someone to Christ.

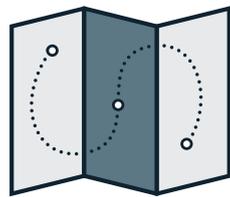
The way we use 42 is to encourage our disciple to spend 10 mins a day on each of the 42 chapters to get in the habit of spending time with the Lord. Then we meet up once a week to talk through what they have learnt and answer any questions. We will start to pray together so they learn quickly how to do that and then ask who they have shared what they are learning with – getting them to “Take a Step” early in their Christian life.

Discipleship is a friendship where we get to hang out, do life together and for them to see how you react to situations – it’ll keep you on your toes!

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Who can you go through the material with?

42 is available in book form or as an app at www.forty-two.online



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relationalmission.org/takeastep