

Session Five

Take A Step

# What's My Story?

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# Knowing What to Say

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**As God's people we are all called to be witnesses. But when we're asked what we believe or why we're a Christian, we can find ourselves struggling in the moment to find the best words or to know how and where to start.**

Witnessing is simply telling the facts. Like a witness in court: *"This is what I saw, this is what I experienced, this is what I know."* It's no more than that.

For us as followers of Jesus, it too is simply, *"Here's what I know, here's what's happened to me, here's my story..."* Which then invites people to discover Jesus for themselves.

**It's hard to know where to start, particularly when you have a short time with a person. It's good to practise using some ready-made starting points.**

One helpful method is the *6-Word Testimony*, which we can keep 'in our pocket' ready for whenever we need it.

## The 6-Word Testimony

For this method think of:

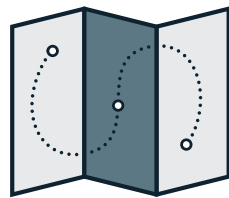
- Two words about your life BEFORE Jesus
- Two words about how you CAME to Jesus
- Two words about your life NOW with Jesus

Begin with, "There was a time in my life when...", Weave in your chosen six words to describe your own journey. End with the question, "Do you have a story like this?", inviting your listener to think more personally about how to relate to what you've shared.

*This method can also help us have a one-minute version ready too, relying on those same six keywords that are personal to you.*

## Take A Step

**Now: find someone to tell!** Go and tell your story that points to Jesus...



## Take A Step

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